Course Syllabus

PTH 204
Practicum I
Spring 2016

Instructor:

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Office Hours: 
Monday 1:00-2:00pm
Tuesday 10:00am-12:00pm
Wednesday 1:00pm-2:00pm
Thursday 10:00am-12:00pm

Meetings can be scheduled by appointment as well

Class Schedule: 
Tuesday 3:00pm-4:00pm
Room 64

Course Description:

Students will be able to carry out routine physical therapy interventions with selected patients. They will be able to demonstrate skill in the application of heat, cold, radiant energy, range of motion, therapeutic exercise, activities of daily living, hydrotherapy and massage. Students will also assist in maintaining records and equipment. Course includes clinical experience. Restricted to PTH majors.

Course Objectives:

Upon successful completion of this course each student will be able to:

1. Understand the rationale and effectiveness of physical therapy treatment procedures and is able to carry out the procedures as identified in the plan of care established by the physical therapist and under supervision of a PT or supervising PTA. Demonstrate a more thorough understanding of skills acquired in PTH 107 and PTH 113 as well as developing skills as acquired in concurrent enrollment in PTH 202. These skills include but are not limited to, the following:
   a. prepare patients, treatment areas, and equipment
   b. implement range of motion activities
   c. administer therapeutic heat and cold
   d. perform transfer techniques
   e. perform therapeutic massage
   f. apply and correctly use orthoses and prostheses
g. perform goniometry measurements  
h. apply external bandages, dressings, and support  
i. administer pulmonary hygiene techniques  
j. utilization of correct body mechanics  
k. assessment of vital signs  

2. Apply the appropriate rehabilitative techniques after functional deficits are identified within the plan of care established by the physical therapist within the student’s current level of education.  

3. Modify treatment techniques as identified in the plan of care established by the physical therapist:  
a. responds to acute changes in the physiological state  
b. recognizes his/her own strengths and limitations  
c. demonstrates safe, ethical and legal practice  
d. demonstrates knowledge of applicable state and federal laws  

4. Demonstrates appropriate and effective written, oral, and nonverbal communication.  
a. assists in maintaining accurate records by documenting patient's treatment with progress/discharge notes.  
   1. Identify the purpose of physical therapy documentation.  
   2. Identify the difference between subjective, objective, assessment and plan of care of SOAP format.  
   3. Demonstrate the ability to obtain pertinent subjective information from patient.  
   4. Demonstrate the ability to document objective information thoroughly and accurately.  
   5. Communicates an understanding of the plan of care developed by the physical therapist to achieve short and long term goals and intended outcomes.  
b. teach patients and families to perform selected treatment procedures  
c. interact with patients and families in a manner which provides psychosocial support by:  
   1. recognizing her/his own reaction to illness and disability  
   2. recognizing patient's and family's reactions to disability and illness  
   3. respects individual cultural, religious, demographic and socioeconomic differences in people  
   4. utilizes appropriate communication processes  
d. understands basic principles of levels of authority and responsibility, planning, time management, supervisory process, performance evaluations, policies and procedures
e. understand basic concepts related to health care systems, including third party payers, quality care, role of other health care providers, health care facilities, issues, and problems

f. relate to patients and colleagues in a professional manner

g. develop a cooperative spirit with other members of the department

h. demonstrates effective written, oral, and nonverbal communications with health care providers and the public.

5. Communicates on a timely basis with supervising physical therapists about the patient’s status. The students are prepared to be integral members of the health care team and to participate in the health care delivery system. As such, they convey their knowledge and skills through patient care and education.

6. Recognizes any changes in the patient’s status and reports those changes to the supervising clinical instructor.

7. Identify characteristics of major pathological conditions associated with physical therapy treatments.

8. Understands the role and importance of standardized tests/assessments in physical therapy practice.

9. Understand the difference in learning styles and how they relate to patient education and interaction.

10. Discuss specialty practice in the field of physical therapy.

11. Discuss and practice common ethical, practical, and legal aspects regarding the role and function of a physical therapist assistant.

12. Participates in continued development of knowledge and skills.

13. Demonstrates safe practice in relation to blood borne pathogens as required by OSHA (hazard communication, exposure control, risk exposure determinations, use of protective equipment, reporting exposure incidents, and immunization).

14. Recognize the importance of facility policies and procedures and their role in responding to emergency situations.
15. Demonstrate appropriate behavior and conduct as a PTA, including commitment to meeting the needs of patients/consumers; awareness of social responsibility and advocacy; and conduct him/herself reflecting legal, ethical, social and professional standards.

16. Exhibits conduct that is legal, ethical and safe that reflects a commitment to those receiving health care services & those members of the PT profession

**Grading:**

- Clinical Performance 100 points (CPI Assessment)
- Case Study 50 points
- Quiz/Class Activity 20 points
- Presentation 25 points
- SOAP Notes 25 Points (5 SOAP notes)
- Take Home Final 50 points
- Student Resource Survey (completion)
- Midterm CPI Assessment (completion)

The class **CANNOT** be passed without a passing grade in the clinical evaluation. The points can be achieved, however it is the primary objective of the course.

Presentation dates will be set later. Case study must be complete at by the date set.

Each week the content will vary. We will cover areas such as documentation, patient interaction, learning styles, healthcare systems, and areas that pertain to the practice of physical therapy.

During finals weeks the Assessment Tool will be given.