COURSE NO., HOURS, AND TITLE: PTH 107 - 3 credits – Introduction to Physical Therapy Practice and Procedures

COURSE DESCRIPTION: Students will be introduced to the historical background, professional, ethical, and legal aspects of the physical therapy profession as well as the relationship of physical therapy to total health care.

PREREQUISITES: Restricted to program major.

PREREQUISITE TO: PTH 204, 234, 233a, 233b, 210a, 210b, 220a, 220b, 230a, 230b, 321a, 321b, 322

COURSE OBJECTIVES:
Upon successful completion of this course, the student shall be able to demonstrate the following knowledge as measured by written examination, presentation, and assignments:

1. Describe the history & events that have influenced the practice, educational development and organization of the physical therapy profession.
2. Define the profession of physical therapy and understand the organizational structure, planning and operations as well as the role it plays in the health care system.
3. Identify essential the characteristics of health care institutions such as; General hospitals, governmental, proprietary, non-profit facilities, SNF’s, rehabilitation centers, clinics, work hardening centers, etc.
4. Define the multi-disciplinary approach to rehabilitation & service to the patient, including legislative acts, past forces and recent changes in the health care delivery and payment systems, and regulations such as Medicare, Medicaid, HIPPA, etc.
5. Describe the roles and relationships of the physician, physical therapist, physical therapist assistant and physical therapy aide or technician in the practice of physical therapy by:
   a. Defining the legal requirements and responsibilities of each.
   b. Identifying the educational requirement of each.
   c. Outlining a typical job description for a physical therapist assistant.
6. Describe the relationship of physical therapy to other allied health occupations by identifying other health care workers and understanding their role in the health care system.
7. Describe the structure, role and function of the American Physical Therapy Association (APTA) by:
   a. Defining the purpose of the APTA
   b. Identifying the components of the APTA at state, local, and national levels and all special interest groups and sections.
c. Identify the APTA membership categories and benefits of enrolling.

8. Describe the medical-legal aspects of professional ethics as they relate to physical therapy by:
   a. identifying the regulations that govern the practice of physical therapy in Illinois and other states.
   b. Describing the APTA’s Code of Ethics and Guides for Professional Conduct.
   c. Summarizing personal responsibilities while providing physical therapy services.

9. Describe the purpose of OSHA and HIPPA compliance as it relates to physical therapy.

10. Demonstrate an understanding of the Clinical Performance Instrument utilized for PTA student clinical evaluation.

11. Describe the purpose and importance of physical therapy documentation.

12. Identify the difference between subjective, objective, assessment, and plan using SOAP format.

13. Identify specialized physical therapy acronyms.

14. Identify the components of a physical therapy evaluation.

15. Describe the purpose and function of the plan of care developed by the physical therapist to achieve short and long-term goals.

16. Identify individual and cultural differences in people and the methods of modifying interaction style to meet the needs of consumers.

17. Describe methods of appropriate and effective communication skills necessary for professional interactions with patients, and other health care delivery personnel.

18. Describe, demonstrate and differentiate between learning styles and how each may influence interactions with physical therapy patients.

19. Demonstrate through classroom interactions the emerging ability to contribute to a professional atmosphere and establish a good rapport with patients and peers.

20. Describe conduct that is legal, ethical and safe that reflects a commitment to those receiving health care services & those members of the PT profession.

21. Demonstrate and emerging understanding of the importance and use of Evidence Based Practice in physical therapy.

22. The student will demonstrate an awareness of social responsibility, citizenship and advocacy.
**TOPIC OUTLINE:**

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<thead>
<tr>
<th>Topics</th>
<th>Percentage of Time</th>
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<tbody>
<tr>
<td>I. INTRODUCTION</td>
<td>5%</td>
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<tr>
<td>II. HIPPA/OSHA TRAINING</td>
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<td>III. PATIENT INTERACTIONS</td>
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<td>IV. HISTORY OF PHYSICAL THERAPY</td>
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<td>V. ETHICS</td>
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<td>VI. PRACTICE ACT</td>
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<td>VII. HEALTH CARE LAW</td>
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<tr>
<td>VIII. ACCREDITATION</td>
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<tr>
<td>IX. DOCUMENTATION</td>
<td>20%</td>
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<tr>
<td>X. LEARNING STYLES</td>
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<td>XI. APTA</td>
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**TEXTBOOKS:**

**Required**


